CONNECTION

July 2004

Defense Distribution Depot Susquehanna, PA

Volume 4, Number 7



(above) Child and Youth Development Services have opened a state-of-the-art facility. See the story on School Age Services on page 6 and the story on the Child Development Center on page 8.

(below) Preschool children are enjoying the new building as well as the playgrounds. The move to the new center was completed on June 1st. (above) The lifeguard checks out youth deep water swimming skills of School Age youth.

See story on page 4.

(below) Summer Camp at the new Child and Youth Development Services offers a variety of activities for youth ages 6 through 12 years. See story on page 6.



Captain's Corner



It's hard for me to believe that two years have passed so quickly, but they have, so it's time to move on. The Ritchie Family has particularly enjoyed

our stay at this great base, but like many other installation families we depart this summer. On July 22nd, we hand-off the flag to the new team, Captain Jim Naber and his wife, Sook Yee. Having the opportunity to command DDSP and the New Cumberland installation, the 'crown jewel' of the Defense Distribution system, has been an honor and privilege, and I shall always remember this tour as the highlight of my military career. There is more to a tour of duty than position, responsibility or geographic location; there are the people.

This is a great installation because of its people. The New Cumberland installation's reputation for innovation, creativity, and superior performance comes from each of you. It emanates from your high standards and willingness to 'go the extra mile' to participate in our activities and serve our community as volunteers, and that makes installation programs, services and events 'value added' for all of us.

I think the DDC/DDSP installation is unique among activities in DoD, and among activities I've served at in my

military career. Its uniqueness arises from the caliber of its workforce and residents, the embedded culture of teamwork, and its enthusiastic embrace of mission accomplishment in all we do. Combine that with exceptional competence, strong desire to excel, and individual pride, and you have winning, successful activities. That makes this a great place to live and work. Each of you should take pride in individual and organizational accomplishments, because you make them possible. I never cease to be amazed at the scope of your capability, the quality of your work, or the products of your outstanding efforts. You've made coming to work a pleasure.

Captain Rob Ritchie

The Connection is an authorized monthly publication intended for civilian and military personnel and housing residents of the Defense Distribution Depot Susquehanna, PA (DDSP) and co-located activities at the New Cumberland Installation. The contents are not necessarily the official view of, or endorsed by, the U.S. Government, Department of Defense, Defense Logistics Agency, Defense Distribution Center, DDSP, or any tenant commands.

The editorial content is edited by, prepared and provided by the Community & Family Activities Office. Address mail to The Connection DDSP-PH, 2001 Mission Drive, Suite 1, New Cumberland, PA 17070; wendy.keesey@dla.mil. Phone: 770-5072.

The Connection may also be viewed at our web site: http://www.ddc.dla.mil/qol/

Mary Ritchie Recognized For Contribution to DWC

by Barbara Harris, DWC President

The New Cumberland Installation's Depot Women's Club (DWC) said farewell to Mary Ritchie, wife of DDSP Commander, Captain Robert Ritchie, SC, USN, at their Awards Luncheon held in May. As a thank you and remembrance, a vase was presented (see photo of Mary and Barbara) The vase was especially designed for her by Jill Moodie-Pellegrino, a local master potter.

In her two years with DWC, Mary Ritchie has been a very active member of the club. She has held the elected position of Secretary and ap-



pointed position of Scholarship Chair. She has assisted with various fund raisers to include the Make, Bake, and Donate; the March Auction; and both the Poinsettia and Carnation Sales. Along with serving on various committees, Mary was a gracious hostess at numerous luncheons. She welcomed new members and encouraged those new to the Depot to participate in DWC activities. Mary has been an asset to DWC by sharing her time and talents. Because of her always positive attitude and thoughtful ways, Mary will be missed by the members of the Depot Women's Club. She was much more than the Commander's wife and a friend to many. DWC wishes the best to Mary Ritchie and her family as they leave for a "new adventure" apart from New Cumberland.

CYDS Ribbon Cutting Ceremony

by Wendy Keesey, Marketing Specialist



Children from Child and Youth Devlopment Services participated in the Ribbon Cutting Ceremony to officially open the new building.

On June 18, Child and Youth Development Services (CYDS) celebrated the opening of its new center with a Ribbon Cutting Ceremony. The new facility houses all of the current CYDS programs under one roof.

DDSP Commander Captain Robert Ritchie stated, "The building is a state-of-the-art facility offering enhanced security monitoring, equipment and supplies. It provides contemporary, functional accommodations for the staff, and for the children who use this as a second home. These children have parents or legal guardians who are employed by the Department of Defense or are in the military, including some who are deployed. The quality of service is valued highly among those who depend on it. I am proud that this facility is the best in the Defense Logistics Agency and one of the best in the entire Department of Defense."

Both the Child Development Center and School Age Services are certified by Department of Defense (DoD). Both programs have gone above and beyond DoD standards and have been accreditied by their respective national organizations. The Child Development Center is accredited by the National Association for the Education of Young Children and School Age Services is accredited by the National School-Age Care Alliance.

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Easy Living at the Pool

by Wendy Keesey, Marketing Specialist

George Gershwin wrote in Porgy and Bess, "Summer time and the living is easy!" To make living easy in the hot and humid summer, the DDSP Swimming Pool has opened. The swimming pool is located at Building 267 on A Avenue. To help beat the heat, the pool is open from 12:00-7:00 p.m. daily, weather permitting.

Eight life guards will oversee the pool. All of the lifeguards are certified through American Red Cross and have Senior Life Saving Certificates. Additionally, they are certified in CPR and First Aid.

IERSIE!

Lifeguards from left to right: Bret Palmer, Andrew Ponti, Brandi Weiss, Hilary Anderson, Kaitlynn Flanagan, Not pictured: Ryan Bixler, Jerry Reeves, Alyssa Toran.

DDSP Pool Policy

In order to cool off at the pool, you must be active duty military, reservist, retired military, active DoD civilian employee, retired DoD civilian employee, or a disabled Veteran. Immediate family members of these groups may also use the pool.

Active duty military and family members are authorized to bring guests. Other authorized users may not bring guests. Active duty military and their family members must sign in each guest on the guest sheet before entering the pool. Sponsors must stay at the pool with guest(s) under 10 years of age. There is a \$1.00 daily fee per guest.

Patrons using the DDSP Pool must show proper military identification. Family members must show military identification or a Pool Card. Civilians must provide Federal civilian identification, Fitness Card or a Pool Card at the counter before entering the pool.

All patrons under 10 years of age must be accompanied by a parent or responsible adult 18 years of age or older.

If guests become unruly, both guest and sponsor will be required to leave. Foul language, fighting, disrespect of lifeguards, unsafe behavior in and around the pool is not acceptable behavior and will not be tolerated. (continued on the next page.)



Children and adults take a cooling dip during the hot weather!

Learn to Swim Classes

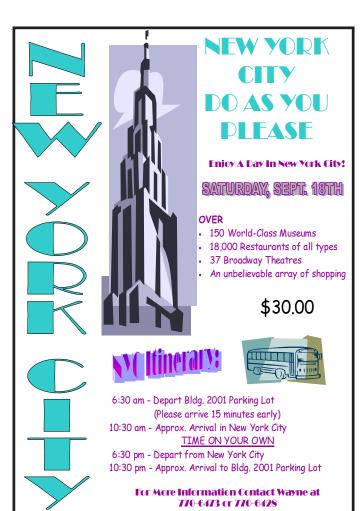
Starting July 12 through July 23, there will be Learn to Swim classes, Monday through Friday at 9:00 and 10:30 a.m.. These weekday classes will be conducted by DDSP Swimming Instructor Debbie Parthmore.

Adult Lap Swim

On Tuesdays and Thursdays through August 31 there will be an Adult Lap Swim from 11:30 AM until 12:00 p.m. This is a great opportunity to exercise.

Thirsty? Hungry? Making life easier is our goal! The pool now has snacks and sodas available to you through vending machines. Kick back, relax and enjoy the hot weather by cooling off at the pool.

For more information, please contact Wayne at 770-6428.





ParentWorks Playgroup

Thursdays 9:30 - 11:30 a.m.

just for You

for military parents and their children younger than 5 years



Summer Camp is in Full Swing

The School Age Services is located at Defense Distribution Depot Susquehanna Pennsylvania (DDSP)

installation. During the school year, School Age Services offers a Before and After School care program from 5:45 a.m. until the school bus picks up the children in the morning and again when the children are dropped off until 5:15 p.m. Teacher In-Service days and holiday care and Full Day Summer Camp care

are also provided. Currently, School Age Services is offering Summer Camp from 5:45 a.m. until 5:15 p.m., Monday through Friday. Summer Camp provides a great variety of activities daily for youth in first grade through twelve years of age. There are field trips, sports activities, arts and crafts activities and outdoor fun to be had! Camps include Water Works Week, Mother Nature, Equestrian Week, L'il Chefs and more! This is a great way for your youth to spend time when you are working. For more information on Summer Camp or Before and After School Programs, please

call Amanda Munoz at

770-6768.



Computers are an ever popular activity with these youth!



Red Rover, Red Rover.... is still a great game to play! Here, children enrolled in summer camp enjoy new activities along with some old favorites.

Depot Women's Club Elects New Officers

by Barbara Harris, Depot Women's Club President

The Depot Women's Club (DWC) is very active in the Defense Distribution Center Installation Community. The purpose of the club is to further the well being of the community by engaging in charitable and educational endeavors. Due to various successful fund raisers and the support of the Depot Command, this year DWC was pleased to award ten scholarships to eligible students. Also, charitable contributions were given to six organizations that support the military and/or the DDSP community.

DWC membership is made up of wives of both active and retired service members; wives of Department of Defense (DOD) employees; female military and civilian DOD employees. DWC also has associate members from the surrounding civilian communities.

At the May luncheon, the DWC membership thanked the outgoing board and installed the new

officers for the year 2004-2005. A luncheon is held the third Wednesday of each month at the Susquehanna Club. These are held from September through May. Other fun and fellowship activities include Scrapbooking; **Dining Around** Town; Sewing; Reading and Discussion. But more that anything, the Depot Women's Club is a strong support group. We always welcome new members. If you are interested in joining and would like more information, please contact Barbara Harris, DWC President, at 612-9582.



2003 -2004 Depot Women's Club Officers (left to right): Mary Ritchie, Montienne Trouton, Sue Easton, Heidi Castle, Glenda Frazier, Bea Patrick, Deloris Struck, Joyce Davison, Karen Tymms, Linda Church, Di Tonkins, Barbara Harris, Margaret Strumsky



2004 - 2005 Officers are (left to right): Janice Lewis, Peg Toms, Heidi Castle, Montienne Trouton, Judith Furness, Sue Easton, Joyce Davison, Linda Church, Margaret Strumsky, Gene Andrick, Jennifer Ferry, Mary Duggan, Barbara Harris.

Child and Youth Development Services Opens New Facility

CYDS is located on site at Defense Distribution Depot Susquehanna Pennsylvania (DDSP) installation. The program has just opened in a new state-of the-art facility. The facility houses 244 children and youth in three programs; Child Development Center, School Age Services and Youth Services. Three age appropriate playgrounds, fenced fields and a regulation basketball court are among the center's outstanding features. For more information on the Child Development Center, please call Mary Ann Jordan at (717) 770-7360.

The center is open from 5:45 a.m. until 5:15 p.m., Monday through Friday. The center provides developmentally appropriate learning experiences to meet the cognitive, physical, emotional and social needs of children six weeks through kindergarten. Hands on learning activities include computer experiences, process oriented arts and crafts, literacy, physical activities, science and math and an opportunity to learn self-help skills through play. The Child Development Program has wrap-around kindergarten programs to include a summer camp. The facility will accommodate 116 children.

The center is certified to operate through annual DLA Headquarters Inspections and is accredited by the National Association for the Education of Young Children (NAEYC).





(Above) Makayla Cunney and Katie Smith express their creativity through drawing.



Circle time helps us practice our listening and language skills.

(Above) Toddlers enjoy the new playground equipment, which is perfectly sized for them and the new riding vehicles.



Preschooolers are enjoying the exciting new playground equipment. The warmer weather provides a chance to ride, climb and do the bar hang.



(Above) Tiffany Byrd enjoys books and a soft place to relax! Soft cushions make reading a book just perfect!

So Much to Choose From - It Is Hard to Decide What to Do First!



(Above) Christian Jones and Jade Wenzel are having cyber adventures with new computers and software.



(Above) Brandon Shimp, Saige George, and Avron Easter are enjoying playing with blocks and toys that stimulate their imagination.

Family Advocacy Program



The mission of the Family Advocacy Program (FAP) is education about, and reduction of domestic violence and child abuse. As our nation prepares to celebrate its independence, let us all support others as they struggle for self-determination and independence from domestic violence and child abuse. If we all work together, the promise of liberty and justice for all can become a reality for all! Happy 4th of July!

"One of the secrets of life is to make stepping stones out of stumbling blocks." Jack Penn

Being a Parent is a Challenge if You Want to Do It Well!

In July the Family Advocacy Program is offering parents two new programs in addition to the ongoing *ParentWorks*' Thursday Morning PlayGroup for military parents and their preschool children. The play group will meet July 8, 15, 22 & 29 from 9:30 – 11:30 a.m. at the Play Room in Bldg. 400 behind the Clinic. New members are always welcome!

On Thursday, July 8th from 4:00 - 5:15 p.m. at the new Child & Youth Services, Bldg. 255, the Family Advocacy Program Manager will meet with parents to discuss *How to Make Sure Your Child is Safe*. This will cover how to identify and report child abuse and ways that we help keep the center safe for all children.

Then on July 13th and 20th from 5:30 – 7:00 p.m. at the Play Room, Bldg. 400 the Family Advocacy Program will present *1,2,3 Magic*. This is a humorous yet effective discipline program with easy techniques that have worked for thousands of parents of children 2- 12 yrs of age. It includes ways to discourage controlling and obnoxious behaviors, ways to encourage good behaviors, and how to strengthen your relationship with your children. Call 770-7066 for reservation/childcare.

August's newsletter will feature information about the *Parenting for Prevention* series which is for parents of school-agers and teens. It will start Tuesday, August 10th at 5:30 p.m. This is a fun way to learn how to get more cooperation from your children.

For more information on FAP, please call 770-7066 or email richard.pedzwater@dla.mil.

National Night Out

"Being Healthy and Safe at DDSP"
Ribbon Cutting for New Community Center
* Summer Town Meeting Picnic Dinner
* Bike Rodeo * Games * Clowning
*Smokey the Bear * Blood Pressure Checks
* Police and Fire Vehicles

On Tuesday, August 3rd DDSP will celebrate its first National Night Out. Mark your calendars now. Watch for details. You won't want to miss DDSP's first National Night Out! For more information on National Night Out, please call Rick Pedzwater at 770-7066 or email richard.pedzwater@dla.mil.

Do You Have Room in Your Hearts and Homes to Adopt a Child?

Military families are great potential families for some of the 1,300 children in Pennsylvania who are looking for a home. You understand what it's like for children to be separated from their families, you know what it's like to get settled in one spot and then have to move again, you know how important it is to have a strong support system. You're tough and you are survivors. So are our kids. They need a family – married or single adults— who will give them the structure and the security that a strong family offers.

The children who have been waiting the longest are usually over the age of 8, are of a minority race or are brothers and sisters who need to stay together. These children are currently in the custody of Children and Youth agencies across Pennsylvania, or across the country, because they have been abused, neglected or abandoned by their birth parents. Adoptions of these children through the Pennsylvania Statewide Adoption Network (SWAN) are free for families, and there is ongoing financial support

after the adoption is finalized. To find out more about our program please check out this website: www.diakon.org/adoption. If you have questions, please call Diakon at 717-845-9113.

July 3rd: Day of Infamy

exerpted from SeniorNewsPA, July 2003

While most people know about the 4th of July, many are not aware of the military significance of July 3rd.

"Battlefields from three wars are preserved in Pennsylvania. A bizarre coincidence is that three of these battles, each in a different war, were all fought on the same day" July 3rd.

Fort Necessity near Uniontown was the site of a French and Indian War skirmish on July 3, 1758. Here Colonel. George Washington surrendered to the French Colonel De Villes. It was the only time that Washington ever surrendered to an enemy.

During the Revolutionary War a small band of patriots marched from Forty Fort to confront a stronger British force - Butler's Rangers and Indians. As the Yanks began firing and advanced on the enemy, a band of Indians suddenly ambushed them. After 30 minutes most of the patriots were killed or captured. The date - July 3, 1778. A monument in the Borough of Wyoming commemorates these events and marks the site where some of the battle casualties are buried.

July 3, 1863 was the turning point of the War Between the States. Out west General Grant captured Vicksburg and divided the Confederacy at the Mississippi River. That same day General Lee and his southern army retreated from the Battle of Gettysburg.

During the Spanish-American War the American Navy sunk the Spanish Atlantic Fleet in the Battle of Santiago Bay on July 3, 1898."

Choosing a Sitter

excerpted from NCPCA Publication "Can You Make a Peanut Butter and Jelly Sandwich"

Having someone look after your children is an important task. Here are some tips to help you choose the right person.

A sitter should be responsible, competent, caring and like children. A sitter should also be able to make the right decision in an emergency.

Get to know the sitter. Find out how much experience a potential sitter has. Ask questions.

Check references. Talk to other parents who have hired the sitter. Ask questions. How did the sitter talk to your children? How were they disciplined? What games were played? Did the sitter follow your rules: Was the sitter reliable? Polite? Honest? Friendly?

Visit the sitter's home. If the sitter is a teen, talk to the parents. People often care for children the way they have been cared for, so talking to the sitter's parents can give you a good idea of what the sitter will be like.

Ask yourself: Is this person old enough to care for my children? (Newborns and toddlers generally require older teens with more experience.) Can this person handle more than one child? Am I comfortable with this person? Are my children comfortable with this person? Does this person make me uncomfortable in any way? If there is concern in any of these areas, you may wish to reconsider using the sitter.

Before you decide. Have the sitter visit you at your home. Discuss your rules, routines, and any special needs your children might have. Give the sitter a tour of your home and yard, indicating any areas that are off limits. Ask the sitter to care for the children for an hour while you're in the house. If that goes well, you may then want to leave the sitter with the children for a short period of time so they have a chance to get to know each other. Afterward, discuss the experience with your children. Your observations, along with your children's comments, will help you decide if the sitter is a good choice.

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Talk to your children. Before the sitter you have chosen comes to care for your children, make sure you tell them:

- * the sitter's name
- * what the sitter looks like
- * the sitter's age
- * what the sitter might be doing with them while you are away
- * the same rules apply when the sitter is with them as when you are with them.

Explain that if the sitter does anything they feel is wrong, they have the right to tell the sitter to stop. Tell your children it's all right to say "NO" if the sitter does something they think is wrong or asks them to do something that doesn't feel right. It is important that your children understand that the sitter is responsible for their safety. They should also understand that you have discussed with the sitter what is considered right or wrong, good or bad.

Emergencies. No matter how well you prepare, there are times when emergencies arise. Go over what the sitter is to do in case of illness, medical emergencies, power failure, fire, or other unexpected events. Go over any safety rules you have.

Follow Up. When you come home, talk to the sitter about the experience. Ask about the children. Discuss any problems or any situations that may have been uncomfortable. Offer suggestions for the next time. Your sitter may be young or lacking in experience. Don't expect perfection. Work with the sitter, but if you have serious concerns, try another sitter. Talk to your children the next day about the sitter. Ask:

- * What did you like about her?
- * Was there anything you didn't like?
- * What did you do (play games, read, watch TV, etc.)?

- * Did the sitter obey the rules?
- * What happened if you didn't obey the rules?
- * Would you like the sitter again?

Respond to any concerns your children have. They may not be able to express their thoughts clearly, but they know how they feel. Listen to what they say about how they feel, and trust them.

For more information or to reserve a space in the Babysitting Course for youth 12 years and older, please contact Anita Miller at 770-7525.



9:00 AM -12:00 PM

Bldg. 255, Conference Room

Course will include:
Child and Infant CPR
Standard First Aid
Fire Drill Evacuation
Business Practice
Child Growth and Davide

Child Growth and Development Holding, Feeding, and

Diapering an Infant Activities for Children

You must be 12 years or older. To register, please contact Anita Miller at 770-7525 by July 16, 2004









Eldercare

Resource Seminar

July 11

11:00 AM

In-Flight Café Annex

Family Advocacy Program presents



Positive Disciplinary Techniques for children ages 2 – 12 years

Reservations required. Call 770-7066

July 13 & 20

5:30 PM

Bldg 400 Playroom

Family Advocacy Program presents

Anger Management Workshop



July 21 & 28 11:00 a.m. and 2:30 p.m.

In-Flight Café Annex

Call 770-7066. Reservations are required.

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Camping Safety Tips

by Henry Hoffman, DDSP Assistant Fire Chief

Camping is a great way to get away from it all and relax with your children. Camping like everything else requires thinking about safety - particularly when there are children around.

- * Always use a flame retardant tent and set up camp far away from the campfire.
- * Only use flashlights or battery-powered lanterns inside the tent or any other closed space, not liquid-filled heaters or lanterns.
- * Always build your campfire down wind away from your tent. Clear all vegetation and dig a pit surrounded by rocks before building your campfire.
- * Store liquid fire starter (not gasoline) away from your tent and campfire and only use dry kindling to freshen a campfire.
- * Always put out a campfire when going to sleep or leaving the campsite. To extinguish the fire, cover with dirt or pour water over it.

Harrisburg Area Supports Armed Forces Day

Sherre Mitten-Bell, DDSP Public Affairs

"A Tradition Of Heroes" was the theme for Central PA's 3rd annual Armed Forces Day celebration at Harrisburg City Island Saturday, May 15, 2003. The joint services military event was cohosted by the City of Harrisburg and supported by local



Active and retired military, such as this gentleman, salute the US Flag during the opening ceremony.

reserve/guard units and military commands including Defense Distribution Depot Susquehanna, PA (DDSP).

The opening ceremony featured remarks by the Naval Supply Systems Commander Rear Admiral Justin D. McCarthy, US, USN, and Mayor of the City of Harrisburg Steven Reed. DDSP Commander Captain Robert Ritchie, SC, USN, represented the Defense Distribution Center installation at the ceremony. "Many DDSP employees provided valuable support in setting up and participating in this event," said Captain Ritchie, "I am proud DDSP and tenant commands played a part in providing local military personnel a chance to display to the community what they do in the field."

The day featured military related demonstrations,

displays, music, and fireworks. The 1185th Transportation Terminal Brigade of the 99th Regional Support Command displayed operations of a dozen reserve units as in the



of a dozen
reserve units
as in the

365th Engineering Battalion from New
Cumberland installation is among more than a
dozen military units to display their equipment
and field mission to over 15,000 attendees.

field including

the 365th Engineering Battalion based at New Cumberland. The Pennsylvania Army National Guard exhibited various

tracked and wheeled vehicles such as an M1A1 Abrams Tank. Interactive and competitive exhibits included a popular obstacle course challenge featuring energetic drill sergeants. Music was provided by the 276th PA Army National Guard Band and the 307th Army Reserve Band who held open "jam" sessions with local High School musicians. A career center displayed services of local military recruiters, agencies and related organiza-

tions including the Defense Distribution Center, New Cumberland Federal Credit Union, and DDSP Family Advocacy Program. Military related groups, including the DDC Blacks in Government, sold food to the attendees. Civil War and reenactors demonstrated what life was like for infantry and cavalry units. In comparison, active Army Airborne Riggers displayed parachutes from DDSP Air Delivery and Textile Branch. The Riggers children's face painting in camouflage was very popular.



DDSP Aerial Delivery and Textile Riggers, SFC Anthony, SSG Carr and SSG Morris display mission and make friends with youngsters by camouflaging their faces.

In an afternoon military enlistment ceremony, it was a proud moment for friends, family and attendees as civilians were sworn to active or reserve service. Members of the Scotland School for Veteran's Children served as color guard for the enlistments. A local High School NJROTC Drill Team performed following the enlistment.

More than 15,00 people visited the island for the National Armed Forces Day celebration. With the scenic Susquehanna River flowing along its tree lined shores, City Island provides an ideal location to hold this annual event, which was previously rotated each year between the military installations located at Mechanicsburg, New Cumberland, and Fort Indiantown Gap.

House, Senate Agree to 3.5 Percent Raise for Service Members

The House and Senate armed services committees agreed to an across-the-board 3.5 percent pay raise for service members in 2005, and making permanent increases in deployment-related pays. The pay provisions are part of the fiscal 2005 defense authorization bill passed recently by the House Armed Services Committee; and a different version of the bill passed last week by the Senate Armed Services Committee. Both bills add money to the Bush administration's proposals for military heath care, especially for reservists and their families, and for force protection measures, including more armored Humvees and armor kits for other vehicles for troops in Iraq. Both committees authorized \$422.2 billion for the Department of Defense in 2005, the full amount requested by the Bush administration and \$20.9 billion more than the amount authorized by the Congress for fiscal 2004. But because the administration's 2005 proposal did not include funding for operations in Iraq or Afghanistan, the House bill also adds an additional \$25 billion in "emergency" money for those missions. For more information, see http://www.estripes.com. To read the armed services committee press release, see http://armedservices.house.gov

Party Planning



Planning a large family gathering, party or unit function? How are you going to fit everyone in and still be able to move? The Fitness Center can help. Call to reserve one of the picnic pavilions located by the Swimming Pool. There is a \$25.00 usage fee and a \$50 refundable deposit for cleaning. Great news: Unit functions are free; you must still reserve them and have a memorandum signed by the unit commander at time of reservation. To make your reservation, call the Fitness Center at 770-6428.

Susquehanna Club

Member Appreciation Indoor Picnic

July 9

Members - Free Nonmembers - \$5.00 Children under 12 free.

Fried Chicken Hamburgers
Baked Beans Cole Slaw
Macaroni Salad Chips & Pretzels
Dessert

Social 4:00 p.m. (hors d'oeuvres available)

Picnic 6:00 p.m.

Entertainment: DJ & Karoke



The Susquehanna Club reserves the right to cancel if a minimum number of reservations are not made.

Call 770-3030 to make your reservation.

City & Country Addresses May Slow Overseas Mail

It is great to get mail from friends, especially when you are deployed overseas. If you are sending letters to friends or family the speediest way to get it to them is by not putting on the city and country. By including the city and country where the service member is stationed may actually contribute to delays and misrouting of military mail. Automated processing equipment used by the US Postal Service is programmed to differentiate a domestic and foreign address format. Military addresses are automatically processed in the same manner as regular domestic mail throughout the country, postal officials said. However, well-wishers who include the geographic city and country where servicemembers are stationed may prevent systems designed to speed mail to their loved ones from working properly, officials said. Mail with a foreign city or country in the address is automatically diverted to the international mail system. This requires the mail to be reprocessed, sometimes repeatedly, and runs the risk of being delayed even further because international postal services are not always familiar with the U.S. military postal system. For more information, see http://www4.army.mil

School Age Services



has earned their

National School Age Child Care Alliance (NSACA) Accreditation

on

May 5, 2004

DDSP SAS is one of 9 accredited school age programs in Pennsylvania

Calendar of Events

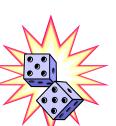
Independence Day Weekend The American MusicFest

Pennsylvania's largest Weekend Music Festival. Over 200 hours of musical entertainment with 80+ musical & entertainment performances, the American MusicFest offers you all your favorite music. Eleven stages on Riverfront Park, City Island and downtown Harrisburg, the American MusicFest brings you music from local, regional, national, and international artists and performers throughout the holiday weekend.

- July 1 10, **Amadeus**, Gretna Theatre, Mt. Gretna, tickets: evening (8:00 p.m.) \$28.00, matinee (2:00 p.m.) \$18.00. Call 717-964-3627 for more details.
- July 1, **Senators vs Portland Sea Dogs**, City Island, 6:35 p.m.
- July 2, **Senators vs Portland Sea Dogs**, City Island, 6:35 p.m.
- July 3, **Senators vs Portland Sea Dogs**, City Island, 6:35 p.m.
- July 3, Pop Rock Sensations "Fountains of Wayne", Comcast Star Stage, City Island, Harrisburg @ 4:30 p.m.
- July 3; "Daddy Day Care," City Island, free family movie, 9:00 p.m.
- July 3, **Harrisburg Symphony Governor's Barge Concert**. This summer staple concert will again conclude with the 1812 Overture accompanied by a breath taking **fireworks show**, at 6:00 p.m.
- July 3, **Fireworks at HersheyPark Stadium**, free. For more information call 1-800-HERSHEY. (raindate: July 5). Start at 10:15 p.m..
- July 4, "Shrek," City Island, free family movie, 9:00 p.m.
- July 4, "**Pentagon and Rico & the Ravens**", Comcast Stage, City Island, 7:00 p.m.

- July 5, **Trick Pony/Little-Buddy**, Comcast Stage, \$15 general admission, 5:00 p.m. (Ticketmaster: 717 260-2000)
- July 3, 4, 5 <u>Citizens Bank Crabfest</u>, RiverFront Park between State & North Streets features an expanded seafood menu along with Maryland Blue steamed crabs, crab cakes and crab soup.
- July 3, 4, 5, **Mini-fireworks shows launched nightly** from City Island. The American MusicFest will conclude with a Gala Fireworks extravaganza.
- July 11, **Senators vs Reading Phillies**, City Island, 6:35 p.m.
- July12, **Senators vs Reading Phillies**, City Island, 6:05 p.m.
- July 13, **Senators vs Reading Phillies**, City Island, 1:05 p.m.
- July 14, **Senators vs Reading Phillies**, City Island, 12:05 p.m.
- July 17, *2 Person Better Ball, Blind Partner Tournament, Riverview Golf Club, 8:00 a.m.
- July 25, **Senators vs Reading Phillies**, City Island, 6:35 p.m.
- July 25, Hershey Spectacular In Exhibition The United States Marine Drum and Bugle Corps, (competition) HersheyPark Stadium, tickets \$18.00, 5:00 p.m.
- July 26, **Senators vs Reading Phillies**, City Island, 6:05 p.m.
- July 27, **Senators vs Reading Phillies**, City Island, 1:05 p.m.
- July 28, **Summer Program for Kids**, Chocolate Square, Hershey, PA, 12:00 p.m.. In the event of inclement weather, event will be held at Hershey Library.
- July 31, * **2-Person Team, 6-6-6,** Tournament, Riverview Golf Club, 8:00 a.m.
- July 31, **Senators vs Norwich Navigators**, City Island, 6:35 p.m.

Package TBA







Atlantic City



Caesars



Saturday July 24, 2004

6:45 a.m. Depart from Bldg. 2001 parking lot. 10:30 a.m. Approximate arrival in Atlantic City 7:00 p.m. Depart Atlantic City 10:30 p.m. Approximate arrival time at depot

For more information, please contact Wayne DeWolf, Monday through Friday from 7:30 a.m. - 4:00 p.m. at 770 - 6428